

College Annual Report 2016-17

Introduction

Academic Achievements

Vimala has always striven towards maintaining an academic atmosphere conducive to the intellectual development of students. The imparting of quality education is at the core of her mission and vision.

Along with the UG and PG courses, Vimala offers UGC Aided and other Career Oriented Add on Courses, courses supported by the Government of Kerala like ASAP, DCA, IPERT Sponsored Civil Services coaching, Foreign Languages courses and IELTS coaching sponsored by the British Council.

Among these courses the ASAP programme was awarded the Five Star status by the State Government last year for the second time consecutively.

WWS- Walk with Scholar and SSP- Student Support Programmes are the other initiatives of Kerala Higher Education Council in which we actively involve.

Research

The College recognises the necessity of inculcating within the faculty and the student community the need for curious minds and inquisitive thinking, and encouraging critical assessment. The year gone by witnessed many such quests as the teaching fraternity and student community won appreciation for their innovative and novel ideas at presentations at various seminars/ workshops and conferences. It is a matter of great pride that seven of our teachers have been awarded the Doctorate Degree in this academic year.

Seminars and Workshops

The academic confluence of scholars, thinkers, academicians and highly established teaching and administrative professionals proved beneficial towards exposing the Vimala fraternity to new thoughts, concepts and encouraged further deliberation in specific subjects.

- KSCSTE co-sponsored National Seminar on Recent Advancements in Photonics organized by the Department of Physics
- UGC sponsored National seminar on “Recent advances in Chemistry”
- UGC Sponsored National seminar on “Recent Trends in Mathematics”
- UGC National Workshop on “Quality Assurance in Social Work Practice Learning”

....are a few of the many that Vimala played host to in the past one year that witnessed discussions, academic debates, question answer sessions and resulted in propelling minds beyond the bounds of the already known.

Talks and Lectures

Vimala College played host to a number of talks and lectures that were organised for the benefit of students. Partnering with faculty members from institutions of high repute as well as other academically meritorious departments and individuals proved fruitful. The sessions arranged by various departments augmented the curricular pattern followed and supported the academic pursuits of the students as they were exposed to different viewpoints in their respective subjects of choice.

Infrastructure

Infrastructural facilities play a significant role in enhancing the teaching – learning experience and in raising any institution to international standards. The inauguration of the Golden Jubilee Memorial Marian Hall that can seat a group

of 350 students, and has been equipped with wifi and IT enabled connection facilities, for the entire capacity of the hall was the highlight, among other infrastructural developments last year, that also include the opening of all the Floors of the Seven storied Lissieux Block, as well as the functioning of two lifts in the Complex.

College Union

The College Union elected through the parliamentary method is an enthusiastic, diligent and irreplaceable presence at all college programmes and an indispensable partner in all ventures undertaken by the college.

Extra Curricular Activities

The competitions conducted by the departments are as follows:

Intercollegiate competitions:

- Intercollegiate Essay competition conducted by the Dept of Economics in honour of late Sr. Philomine, former Principal and Head of the Department.
- Business Track 2017 an- inter collegiate management fest organized by the Department of Commerce
- **Lochana** –Inter University Quiz Competition conducted by the Dept of Malayalam in honour of Rev Sr. Mary Cruz, former Head of the Department
- **Ujjwala** Inter – Collegiate Poetry Competition conducted by the Dept of Malayalam in honour of Sr. Lekha, former Principal
- Mathematics Quiz Competition for High School, UG and PG students organized by the Department of Mathematics and IMS, Thrissur as part of the Ramanujan’s Day Celebration.

Inter-Departmental Competitions:

- **Star of Vimala Contest** for the best outgoing student in honour of late Sr. Stella Maria, the founder Principal conducted by the Alumnae Association.
- **Poet-Artist's Day competition** for the coveted Leo Trophy conducted by the Dept. of English.
- **Sr. Canisia quiz competition** organized in honor of Sr.Canisia, former Principal and head of the department conducted by the Department of Chemistry
- **Handwritten Magazine Competition conducted** in honour of late Dr. Sr. Sobel former Principal and HoD by the Dept of Hindi
- **Dr. Sr. Cleopatra Award** for the Best Literary Artist of the year conducted by the Dept of English in honour of Dr. Sr. Cleopatra, former Head of the Department and Vice Principal
- **Flower Arrangement competition** in memory of **Dr. Annie Oommen**, former Head of the Department organised by the Dept of Home Science.
- **Fashion Show Competition** conducted by the Department of Home Science in connection with Charkha 2016. Also organized was a Spot Designing Competition.
- **Essay writing Competition** conducted by the Department of Physics on the occasion of the First Death Anniversary of Dr. A. P. J. Abdul Kalam.
- **Poster Making Competition** conducted by the Department of Economics in connection with the World Population Day

Laurels

Faculty Achievements:

- Ms. Lovji K. N., Assistant Professor, Department of English completed the PRCN Training at Gwalior and returned with the Rank of Lieutenant in the Army and is the NCC Officer of the College. She also bagged the Gold Medal and the Plaque of Appreciation for the Best Participant – an honour that is coming to the state after 21 years.
- Ms. Anu P. P., Assistant Professor, Department of Malayalam, won the Special Jury Award of the Yuvakavi Puraskaram, conducted by the Global Magazine – ‘Navamalayali’.
- Dr. Anjali Kishore, Department of Mathematics, Ms. Anjaly Jose, Department of Physics and Ms. Maya Davi Chalissery, Department of English, have been selected as FLAIR interns by the Government of Kerala.
- Dr. Sheeba and Dr. Feeba Rani, Assistant Professors, Department of Zoology, secured the First and Third Place for the Best Paper Award at the National Seminar on Marine Ecosystem Health organized by CUSAT

Student Achievements:

Students have always done Vimalamatha proud by bringing home awards, prizes and honours, spreading the name and fame of the College at regional, state, national and international levels.

NSS – National Service Scheme

The NSS activities of the year began with the celebration of environment day. A one year continuous programme was initiated by NSS unit which has been given the name “ Mazhavillu”. The Government HSS, Villadom has been adopted and volunteers help students in their academic and extra curricular

activities on Saturdays. Volunteers participated in various programmes like the cleaning drive of the Ortho Section at Government Medical College, 7 Day Yoga camp, World Anti-Drug Day and Regular cleaning drives in association with the Swachh Bharat Mission.

NSS also organised the observance and celebration of International Youth Day, World Literacy Day, Day for the Aged, Rashtriya Ekta Divas along with organ donation campaigns, Hair Donation Drives and the like.

The organic farm maintained by NSS regularly reaps healthy fruits and vegetables and is one of the most popular ventures on campus.

NCC – National Cadet Corps

Among the chief activities undertaken by the NCC are:

- LCPL Rispa Mary Punnose and LCPL Abetha Rosa Thandassery attended the Himachal Trekk at Arki, Himachal Pradesh
- LCPL Ajishma Joseph attended the PHHP and C National Integration Camp at Ropar Punjab
- Organized an Anti Plastic Drive at District hospital Thrissur. Cadets distributed 2000 Cloth bags in and around the hospital and educated people on the ill effects of plastic.
- Cadets participated in the Health Campaign Walkathon organized by the Chamber of Commerce and Walkers Club
- NCC Vimala College received a Commendation Letter from Brigadier Manindher Singh, 57th Brigade congratulating the cadets and expressing the happiness of the Soldiers on duty on the reception of greeting cards for soldiers made by the students of Vimala college.
- Organized Musical Yoga in connection with the International Yoga Day Celebration

- The unit organized a Group Discussion on the ‘Ill-effects of Drugs on Society’ in connection with the International day against Drug Abuse and Illicit Trafficking.

IQAC – Internal Quality Assurance Cell

The major programmes conducted during the year were the two day National Seminar on Curriculum Designing and Academic Auditing for college teachers, faculty enrichment programmes, Dr. Sr. Lissy John Irimpan Endowment Lecture Series for parents, motivation sessions for PG students and the launch of the now popular Campus Radio ‘Zero Gravity’.

Department Extension Activities

A glimpse into the extension activities conducted by the various departments:

- The Department of Botany organized a training programme on mushroom cultivation, inaugurated a project under the science popularization scheme titled ‘Medicinal Plants for Better Future’, set up a medicinal plant garden at GUPS, Ramavarmapuram and a Nakshatravanam at the Co-operative School, Padukad under the auspices of the KSCSTE.
- Department of Commerce organized Comfest – the annual food fest that also incorporates the sale of handmade and home made accessories as well as organizes games and fun activities.
- Department of Zoology organized several awareness programmes including one on vector borne diseases, breast cancer awareness with the assistance of the Government Medical College, Thrissur as well as a teacher training programme in association with the Kerala Sastra Sahitya Parishat.
- Among the activities conducted by the department of Home Science are, a community nutrition camp for the tribals of Mananthawady , nutritional

counseling and awareness programme, an exhibition cum sale of plaintain products and other awareness and informative classes and programmes.

- The Department of Social Work Conducted “Parasparyam 2016”. Inmates of PAKALVEEDU, Christ Villa, St. Joseph’s Special school and Reach SWASRAYA participated in the programme and sale of the products made by them was held.
- Screening of the film ‘Burn my Body’ was organised by the Department of Sociology.
- Department of Malayalam led the celebration of Kerala Piravi in College
- 10 of the faculty members of the Department of English along with other writers contributed to a collection of poems titled Poemlets 16 edited by Ms. Sheeba Thattil. Released internationally, the book is available on Amazon. The Department of English in collaboration with the Library also began a Children’s Literature Section which was inaugurated by the renowned writer Smt. Khyrunnisa A.

Beyond Books

Vimala stresses on the significance of an all round development strategy that seeks to train the student community in various spheres without limiting their activities to the strictly academic.

- Students regularly participate in seminars and workshops,
- is taken on industrial and other visits,
- conduct mock parliaments,
- launch awareness campaigns,
- and organize celebrations of days of national and international significance.

Catholic Activities

Intellectual and educational progress alone cannot propel an individual forward and bring about a comprehensive development of the mind and soul. While standing firm on the educational and intellectual foundation set up by the rich past of this institution, the College holds in high esteem the need for religious development of the youth community. College regularly celebrates the Holy Eucharist on the First Friday of every month. Other activities include retreat for Catholic staff and students, Adoration, celebration of the College Feast, Thanksgiving Mass, observance of Feast Days of Saints among others. The AICUF and Jesus Youth organized various activities that sought to impart to students the role of faith in daily life. Above and beyond reinforcing religious principles and spreading the faith, Jesus Youth and AICUF work towards the moulding of a community that upholds the values of love, compassion, brotherhood and empathy.

Library

The objective of any library is to inculcate reading and develop the mental faculties of students by opening up arenas of knowledge in the spheres of arts, culture, science, trade and commerce. The Library along with the students' wing of Library Club has been actively spreading the significance of books and have been engaged in activities for book lovers on campus. The Library Club Booklet 'Echoes' and the Blog hosted at blogspot.in under the address 'vimalalib' and title Echoes was inaugurated. Other activities include Reading Week observance, Book exhibitions, competitions and the like.

Clubs and Forums

A number of Clubs which aim at the holistic development of students function in the college.

- The anti-narcotic cell plays a significant role in spreading awareness about substance abuse and organized several programmes like Group Discussion,Flash Mob,Rally and so on.
- Media club co-ordinated Speak for India, Kerala Edition at the district level which was held at our College. The Club also arranged the pre release of film Veeram on campus as well as the promotional event of the Manju Warriar starrer C/O Saira Banu.
- Entrepreneurship Development Club conducted programmes like an interactive session with successful entrepreneur Ms. Noushija Fatis and an awareness campaign
- The music club conducted several activities including music quiz, music composition competition etc. and the music band performed for the various celebrations.
- The nature club conducted programmes like cultivation of vegetables, seed distribution to the students of neighbouring schools, seminars, extension lectures etc.

Career Guidance

Departments organise regular career guidance and orientation programmes, lectures and talks to assist students in deciding on the course of their future studies and profession. External faculty, resource persons, mentors and institutions open up worlds of opportunities to the students who become equipped and ready to choose according to their potential and aptitude.

CGPT – Career Guidance Placement And Training Cell:

The Career Guidance, Placement and Training Cells is an integral part of the institution to improve and ensure quality consciousness in the field of education. Students are kept informed on higher education options and esteemed institutions for the same. Training programmes or workshops on communication skills and

personality development are organized with a view to support and improve the performance of students in interviews and group discussions. Coaching classes are arranged to develop their skills in competitive examinations. Students are also given general sessions on interview tips, stress management, career planning, etc.

Extension activities of the Cell include newspaper circulation in the campus at subsidized rates, PAN Card campaigns, aptitude exams, Civil Service Training, PSC Coaching and so forth.

Centre for Womens' Studies

In keeping with the vision and mission of our college, of empowering women and bringing about their holistic development, the UGC sponsored Centre for Women Studies has been playing a vital role in our campus in this direction. Activities of the Centre include:

- Certificate course in Gender Sensitization
- Two Day Exhibition cum Sale and Competition "CHARKHA 2016"
- A Devotion to Mother Theresa
- Celebration Of The Voluntary Blood Donation Day
- On Job Training For the Women On Baking And Confectionery
- Leader Ship Skill Training for Mothers

Women Development Cell

The Women Development Cell functioning in our college serves as a platform for discussions on matters important to women empowerment, gender and gender sensitization and is a venture supported by the University of Calicut.

Among the highlights of this year was a sale of the items crafted by the inmates of the Ladies' Jail. Several talks and lectures were organized under the auspices of the Women Cell.

Vimala Community Outreach Programmes

The College recognises the necessity of being socially committed and strives to incorporate these values at the level of administrative management as well as in student participation. Vimala Community Outreach Programmes include:

- Vimala Family Counselling Centre (FCC)
- Vimala Child Guidance Centre, and
- Childline

Under the aegis of the above, several programmes are organised for the betterment of the society and families in and around the College.

PTA

Vimala enjoys the patronage and whole hearted support of a dedicated Parent Teacher's Association.

The Office Bearers for the academic year 2015-16 elected during the General Body Meeting are:

President: Mr. Ceejo Chirakkekkaran

Vice President: Mr. Muraleedharan K.

Secretary: Mr. Santhosh P. Jose

The PTA organized the Award Day in memory of Dr.Sr.Sobel, former Principal, to honour Rank holders, PhD awardees and outstanding Sports Stars.

Alumnae Association

The Association plays a pivotal role in fostering and maintaining the bond between former students and their Alma Mater.

This year, being the Golden Jubilee Year, a Grand 50th Reunion was organised by the Association in July that witnessed the coming together of students of all

batches. A major highlight of the programme was presenting the 1967 batches' students with mementoes. The Gloria Award, Excelsia Award and Gracia Award were given away during the programme.

The annual reunion and general body meeting, held on the Second Saturday of every October witnesses a warm get-together of former students who return with cherished memories of their college life.

The Star of Vimala Contest held in honour of Sr. Stella Maria, founder Principal for the best outgoing student was organized.

Sports

The department of Physical Education has reaped many awards, prizes and honours since the beginning of the college and by their impeccable and impressive record have always left others in awe of their achievements. 2015-16 also witnessed the growth and further progress of Vimala in sports as the students continued their gallop forward, breaking records and bringing back the overall championship trophy, in events like athletics, handball, judo, kabbaddi, weightlifting and swimming.

Representation at the university level, state level and national level, and medals won at these levels, bear witness to the standard of training imparted and the potential housed, within each of these sportstars. Driven forward by a quest for excellence and resting on a legacy strengthened by a past that has produced such stalwarts as Olympians only further cements their efforts in outdoing themselves or their own performance at previous levels.